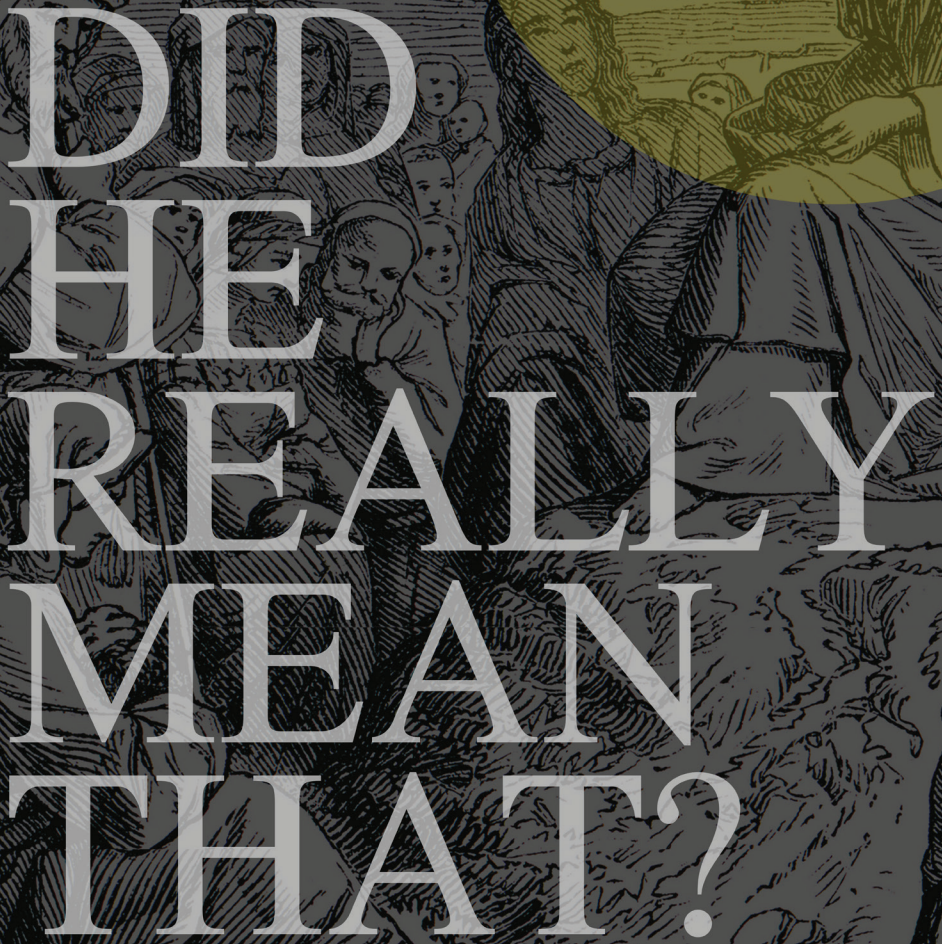


7
FEEDING WHAT
WE WANT TO GROW



DID HE REALLY MEAN THAT?

A STUDY ON THE SERMON ON THE MOUNT

MORNING

READ | Matthew 5.27-28 [NIV]

"You have heard that it was said, 'You shall not commit adultery.' But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

- Matthew 5.27-28 [NIV]

PRAY: Father, please search my heart and reveal anything that would keep me from living in alignment with you. Help me to avoid the trap of self-deception, so that I may live in the fullness of life you give.

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

Notes: _____

TUESDAY//

SEPTEMBER 21ST

MORNING

READ | Matthew 5.29-30 [NIV]

If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

- Matthew 5.29-30 [NIV]

PRAY: Jesus, would you strengthen my resolve to live surrendered to your will. Help me to let go of whatever hinders my transformation.

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

WEDNESDAY// SEPTEMBER 22ND

MORNING

READ | James 1.15 [NIV]

"Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death."

- James 1.15 [NIV]

PRAY: Holy Spirit, give me wisdom to discern those desires that are pleasing to the Father, as well as those that are not. My desire is to trust and surrender to your purifying love.

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

Notes: _____

THURSDAY// SEPTEMBER 23RD

MORNING

READ | 1 Thessalonians 4.3-5 [NIV]

It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honorable, not in passionate lust like the pagans, who do not know God

- 1 Thessalonians 4.3-5 [NIV]

PRAY: Father, as I go throughout my day today, would you keep me mindful and alert to the desires I feed within my heart and mind, so that I may not be overcome by temptations that would turn me from your way.

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

Notes: _____

MORNING

READ | 1 John 2.16-17

For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. The world and its desires pass away, but whoever does the will of God lives forever.

- 1 John 2.16-17

PRAY: Jesus, I surrender myself to your guidance. Show me how to live in-sync with your kingdom so that in all I say and do you may be glorified.

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

Notes: _____

SATURDAY// SEPTEMBER 25TH

MORNING

READ | Galatians 5.16 [NIV]

So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

– Galatians 5.16 [NIV]

PRAY: Holy Spirit, please keep my feet on the right path. Please keep my heart from being polluted. Spirit; form me into a child after Jesus' own heart.

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

MORNING

Look back at all the verses, prayers and meditations this week. Spend some additional time with whatever was most helpful.

EVENING

COMMIT: Spend time with someone you love. Call them on the phone, take them out to dinner, just relax with them.



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CHURCH

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